GYM
REAL CLUB NÁUTICO TORREVIEJA

HORARIO

DEL 23 NOVIEMBRE AL 29 NOVIEMBRE 2026

REGISTRO
11/01/21
CÓDIGO: R-8-38
REVISIÓN: 01
PÁGINA: 1 DE 1

HORARIOS	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
08:30	SALA FITNESS PRE FLEX & MOVE	SALA FITNESS PRE ENDURANCE	PILATES REMO	SALA FITNESS PRE C. FUNCIONAL	REMO	SALA FITNESS PRE
09:30	SALA FITNESS PRE CICLO	GAP	SALA FITNESS PRE C. FUNCIONAL	ENDURANCE	SALA FITNESS PRE CICLO	SALA FITNESS PRE
10:30	FITNESS ORO ´MULTISALA´	FITNESS ORO YOGA		FITNESS ORO	FITNESS ORO ´MULTISALA´	SALA FITNESS PRE
11:30		SALA FITNESS PRE		SALA FITNESS PRE		SALA FITNESS PRE
12:30						
14:30		PILATES		PILATES		
15:30	CORE					
17:00		SALA FITNESS PRE C. FUNCIONAL	C. FUNCIONAL	SALA FITNESS PRE FLEX & MOVE	PILATES	
18:00	SALA FITNESS PRE	SALA FITNESS PRE BODY PUMP	SALA FITNESS PRE	SALA FITNESS PRE DANCE FIT	SALA FITNESS PRE DANCE KIDS	
19:00	SALA FITNESS PRE C. FUNCIONAL	SALA FITNESS PRE CICLO	SALA FITNESS PRE CICLO DANCE FIT	SALA FITNESS PRE BODY PUMP	SALA FITNESS PRE CICLO	
20:00	REMO PILATES	SALA FITNESS PRE	SALA FITNESS PRE	REMO	C. FUNCIONAL	

TU ENTRENAMIENTO

TU MEJOR VERSIÓN

GYM
REAL CLUB NÁUTICO TORREVIEJA

HORARIO

DEL 23 NOVIEMBRE AL 29 NOVIEMBRE 2026

REGISTRO
11/01/21
CÓDIGO: R-8-38
REVISIÓN: 01
PÁGINA: 1 DE 1

HORARIOS	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:00	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
08:30	SALA FITNESS PRE SALA HANGAR	SALA FITNESS PRE SALA HANGAR	SALA FITNESS SALA HANGAR	SALA FITNESS PRE SALA HANGAR	SALA FITNESS SALA HANGAR	SALA FITNESS PRE	SALA FITNESS
09:30	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS
10:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS
11:30	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS
12:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
13:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
14:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		
15:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		
17:00	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS		
18:00	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE		
19:00	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE		
20:00	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS		
21:00	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		