GYM
REAL CLUB NÁUTICO TORREVIEJA

HORARIO

DEL 16 NOVIEMBRE AL 22 NOVIEMBRE 2026

REGISTRO
11/01/21
CÓDIGO: R-8-38
REVISIÓN: 01
PÁGINA: 1 DE 1

HORARIOS	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
08:30	SALA FITNESS PRE YOGA	SALA FITNESS PRE ENDURANCE	PILATES REMO	SALA FITNESS PRE C. FUNCIONAL	REMO C. FUNCIONAL	SALA FITNESS PRE
09:30	SALA FITNESS PRE CICLO	GAP	SALA FITNESS PRE C. FUNCIONAL ENDURANCE	BODY PUMP	SALA FITNESS PRE CICLO	SALA FITNESS PRE
10:30	FITNESS ORO ´MULTISALA´	FITNESS ORO YOGA	FITNESS ORO		FITNESS ORO ´MULTISALA´	SALA FITNESS PRE
11:30		SALA FITNESS PRE	SALA FITNESS PRE			SALA FITNESS PRE
12:30						
14:30		PILATES		PILATES		
15:30	CORE					
17:00		SALA FITNESS PRE C. FUNCIONAL	C. FUNCIONAL	SALA FITNESS PRE FLEX & MOVE	PILATES	
18:00	SALA FITNESS PRE	SALA FITNESS PRE BODY PUMP	SALA FITNESS PRE	SALA FITNESS PRE DANCE FIT	SALA FITNESS PRE DANCE KIDS	
19:00	SALA FITNESS PRE C. FUNCIONAL	SALA FITNESS PRE CICLO	SALA FITNESS PRE CICLO DANCE FIT	SALA FITNESS PRE BODY PUMP	SALA FITNESS PRE CICLO	
20:00	PILATES REMO	SALA FITNESS PRE	SALA FITNESS PRE	REMO	C. FUNCIONAL	

TU ENTRENAMIENTO

TU MEJOR VERSIÓN

GYM
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HORARIOS	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:00	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
08:30	SALA FITNESS PRE SALA HANGAR	SALA FITNESS PRE SALA HANGAR	SALA FITNESS SALA HANGAR	SALA FITNESS PRE SALA HANGAR	SALA FITNESS SALA HANGAR	SALA FITNESS PRE	SALA FITNESS
09:30	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS
10:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS
11:30	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS
12:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
13:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
14:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		
15:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		
17:00	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS		
18:00	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE		
19:00	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE		
20:00	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS		
21:00	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		