

HORARIO

DEL 12 OCTUBRE AL 18 OCTUBRE 2026

REGISTRO
11/01/21
CÓDIGO: R-8-38
REVISIÓN: 01
PÁGINA: 1 DE 1

HORARIOS	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
☉ 08:30		SALA FITNESS PRE ENDURANCE	PILATES REMO	SALA FITNESS PRE GAP	REMO	SALA FITNESS PRE
☉ 09:30		GAP	SALA FITNESS PRE C. FUNCIONAL	ENDURANCE	SALA FITNESS PRE CICLO	REMO
☉ 10:30		FITNESS ORO YOGA		FITNESS ORO	FITNESS ORO 'MULTISALA'	SALA FITNESS PRE
☉ 11:30		SALA FITNESS PRE		SALA FITNESS PRE		SALA FITNESS PRE
☉ 12:30						
☉ 14:30		PILATES		PILATES		
☉ 15:30			C. FUNCIONAL			
☉ 17:00		SALA FITNESS PRE C. FUNCIONAL	C. FUNCIONAL	SALA FITNESS PRE FLEX & MOVE	PILATES	
☉ 18:00		SALA FITNESS PRE BODY PUMP	SALA FITNESS PRE	SALA FITNESS PRE DANCE FIT	SALA FITNESS PRE DANCE KIDS	
☉ 19:00		SALA FITNESS PRE CICLO	SALA FITNESS PRE CICLO DANCE FIT	SALA FITNESS PRE BODY PUMP	SALA FITNESS PRE CICLO	
☉ 20:00		SALA FITNESS PRE	SALA FITNESS PRE	REMO	C. FUNCIONAL	

TU ENTRENAMIENTO
TU MEJOR VERSIÓN

HORARIO

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PÁGINA: 1 DE 1

HORARIOS	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
🕒 07:00	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
🕒 08:30	SALA FITNESS	SALA FITNESS PRE SALA HANGAR	SALA FITNESS SALA HANGAR	SALA FITNESS PRE SALA HANGAR	SALA FITNESS SALA HANGAR	SALA FITNESS PRE	SALA FITNESS
🕒 09:30	SALA FITNESS	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS
🕒 10:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS
🕒 11:30	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS
🕒 12:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
🕒 13:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
🕒 14:30		SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		
🕒 15:30		SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		
🕒 17:00		SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS		
🕒 18:00		SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE		
🕒 19:00		SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE		
🕒 20:00		SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS		
🕒 21:00		SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		

