

HORARIO del 17 AGOSTO al 23 AGOSTO 2026

REGISTRO

Fecha: 11/01/21
Código: R-8-38
Revisión: 01
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Horarios	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
08:30	FLEX & MOVE SALA FITNESS PRE	SALA FITNESS PRE AQUAFITNESS	REMO FLEX & MOVE	SALA FITNESS PRE AQUAFITNESS	REMO	
9:30	SALA FITNESS PRE		SALA FITNESS PRE C. FUNCIONAL		SALA FITNESS PRE	
10:30	FITNESS ORO 'MULTISALA'				FITNESS ORO 'MULTISALA'	
11.30						
12.30						
14.30						
15.30						
17:00		C.FUNCIONAL SALA FITNESS PRE	CORE	SALA FITNESS PRE GAP		
18:00	SALA FITNESS PRE	BODY PUMP SALA FITNESS PRE	SALA FITNESS PRE ENDURANCE	SALA FITNESS PRE C. FUNCIONAL		
19:00	C.FUNCIONAL SALA FITNESS PRE	CICLO SALA FITNESS PRE	CICLO DANCE FIT SALA FITNESS PRE	BODY PUMP SALA FITNESS PRE	CICLO	
20:00	REMO	SALA FITNESS PRE	SALA FITNESS PRE		C. FUNCIONAL	

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Horarios	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
07:00	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
08:30	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS
	SALA FITNESS HANGAR	SALA FITNESS HANGAR	SALA FITNESS HANGAR	SALA FITNESS HANGAR	SALA FITNESS HANGAR	
09:30	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS	SALA FITNESS
10:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
11.30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
12:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
13:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
14:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	
15:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	
17:00	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	
18:00	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS	
19:00	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS	
20:00	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS	
21:00	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	