

# HORARIO del 4 MAYO al 10 MAYO 2026

Horarios	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
08:30	SALA FITNESS PRE YOGA ENDURANCE	SALA FITNESS PRE	PILATES REMO	SALA FITNESS PRE C.FUNCIONAL	REMO BODY PUMP	SALA FITNESS PRE
9:30	SALA FITNESS PRE GAP	CICLO C. FUNCIONAL	SALA FITNESS PRE C. FUNCIONAL BODY PUMP	GAP	SALA FITNESS PRE CICLO	REMO
10:30	FITNESS ORO	YOGA		FITNESS ORO	FITNESS ORO 'MULTISALA'	SALA FITNESS PRE
11.30	SALA FITNESS PRE			YOGA FLOW SALA FITNESS PRE		SALA FITNESS PRE
12.30						
14.30		PILATES		PILATES		
15.30			C. FUNCIONAL			
17:00	FLEX & MOVE	C.FUNCIONAL SALA FITNESS PRE		SALA FITNESS PRE		
18:00	SALA FITNESS PRE BACHATA LADY STYLE	BODY PUMP SALA FITNESS PRE	CORE SALA FITNESS PRE	SALA FITNESS PRE	PILATES SALA FITNESS PRE	
19:00	C.FUNCIONAL SALA FITNESS PRE	CICLO SALA FITNESS PRE INTENSIVO SEVILLANAS	CICLO DANCE FIT SALA FITNESS PRE	BODY PUMP SALA FITNESS PRE	CICLO SALA FITNESS PRE	
20:00	REMO PILATES	SALA FITNESS PRE INTENSIVO SEVILLANAS	SALA FITNESS PRE	REMO ZUMBA	C. FUNCIONAL	

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Horarios	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
07:00	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
08:30	<b>SALA FITNESS PRE</b>	<b>SALA FITNESS PRE</b>	SALA FITNESS	<b>SALA FITNESS PRE</b>	SALA FITNESS	<b>SALA FITNESS PRE</b>
	SALA FITNESS HANGAR	SALA FITNESS HANGAR	SALA FITNESS HANGAR	SALA FITNESS HANGAR		SALA FITNESS HANGAR
09:30	<b>SALA FITNESS PRE</b>	SALA FITNESS	<b>SALA FITNESS PRE</b>	SALA FITNESS	SALA FITNESS	SALA FITNESS
10:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	<b>SALA FITNESS PRE</b>
11:30	SALA FITNESS	<b>SALA FITNESS PRE</b>	SALA FITNESS	<b>SALA FITNESS PRE</b>	SALA FITNESS	<b>SALA FITNESS PRE</b>
12:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
13:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		SALA FITNESS
14:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		SALA FITNESS
15:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		SALA FITNESS
17:00	SALA FITNESS	<b>SALA FITNESS PRE</b>	SALA FITNESS	<b>SALA FITNESS PRE</b>		SALA FITNESS
18:00	<b>SALA FITNESS PRE</b>	<b>SALA FITNESS PRE</b>	<b>SALA FITNESS PRE</b>	<b>SALA FITNESS PRE</b>		SALA FITNESS
19:00	<b>SALA FITNESS PRE</b>	<b>SALA FITNESS PRE</b>	<b>SALA FITNESS PRE</b>	<b>SALA FITNESS PRE</b>		SALA FITNESS
20:00	SALA FITNESS	<b>SALA FITNESS PRE</b>	<b>SALA FITNESS PRE</b>	SALA FITNESS		SALA FITNESS
21:00	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		SALA FITNESS