

Horarios	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
08:30	SALA FITNESS PRE YOGA BODY PUMP	SALA FITNESS PRE ENDURANCE	PILATES REMO	SALA FITNESS PRE C.FUNCIONAL	C. FUNCIONAL	
9:30	SALA FITNESS PRE CICLO	GAP	SALA FITNESS PRE C. FUNCIONAL	GAP BODY PUMP	CICLO	
10:30		YOGA FITNESS ORO		FITNESS ORO	FITNESS ORO 'MULTISALA'	
11.30		SALA FITNESS PRE		SALA FITNESS PRE		
12.30						
14.30		PILATES		PILATES		
15.30			C. FUNCIONAL			
17:00	FLEX & MOVE	C.FUNCIONAL SALA FITNESS PRE		SALA FITNESS PRE		
18:00	SALA FITNESS PRE BACHATA LADY STYLE	BODY PUMP SALA FITNESS PRE	CORE SALA FITNESS PRE	SALA FITNESS PRE	PILATES	
19:00	C.FUNCIONAL SALA FITNESS PRE	CICLO SALA FITNESS PRE	CICLO ZUMBA SALA FITNESS PRE	BODY PUMP SALA FITNESS PRE	CICLO	
20:00	REMO PILATES			REMO ZUMBA	C. FUNCIONAL	

