

HORARIO

DEL 28 SEPTIEMBRE AL 4 OCTUBRE 2026

REGISTRO
11/01/21
CÓDIGO: R-8-38
REVISIÓN: 01
PÁGINA: 1 DE 1

HORARIOS	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
☉ 08:30	SALA FITNESS PRE YOGA	SALA FITNESS PRE ENDURANCE	PILATES REMO	SALA FITNESS PRE GAP BODY PUMP	REMO	SALA FITNESS PRE
☉ 09:30	SALA FITNESS PRE CICLO	GAP	SALA FITNESS PRE C. FUNCIONAL BODY PUMP	ENDURANCE	SALA FITNESS PRE CICLO	REMO
☉ 10:30		FITNESS ORO YOGA		FITNESS ORO	FITNESS ORO 'MULTISALA'	SALA FITNESS PRE
☉ 11:30		SALA FITNESS PRE		SALA FITNESS PRE		SALA FITNESS PRE
☉ 12:30						
☉ 14:30		PILATES		PILATES		
☉ 15:30						
☉ 17:00	FLEX & MOVE	SALA FITNESS PRE C. FUNCIONAL		SALA FITNESS PRE	PILATES	
☉ 18:00	SALA FITNESS PRE	SALA FITNESS PRE BODY PUMP	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE DANCE KIDS	
☉ 19:00	SALA FITNESS PRE C. FUNCIONAL	SALA FITNESS PRE CICLO	SALA FITNESS PRE CICLO DANCE FIT	SALA FITNESS PRE BODY PUMP	SALA FITNESS PRE CICLO DANCE FIT	
☉ 20:00	PILATES REMO	SALA FITNESS PRE	SALA FITNESS PRE	REMO	C. FUNCIONAL	

TU ENTRENAMIENTO

TU MEJOR VERSIÓN

HORARIO

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HORARIOS	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
☰ 07:00	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
☰ 08:30	SALA FITNESS PRE SALA HANGAR	SALA FITNESS PRE SALA HANGAR	SALA FITNESS SALA HANGAR	SALA FITNESS PRE SALA HANGAR	SALA FITNESS SALA HANGAR	SALA FITNESS PRE	SALA FITNESS
☰ 09:30	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS
☰ 10:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS
☰ 11:30	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS
☰ 12:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
☰ 13:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
☰ 14:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		
☰ 15:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		
☰ 17:00	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS		
☰ 18:00	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE		
☰ 19:00	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE		
☰ 20:00	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS		
☰ 21:00	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		

