

HORARIO

DEL 21 SEPTIEMBRE AL 27 SEPTIEMBRE 2026

REGISTRO
11/01/21
CÓDIGO: R-8-38
REVISIÓN: 01
PÁGINA: 1 DE 1

HORARIOS	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
☉ 08:30	SALA FITNESS PRE C. FUNCIONAL	SALA FITNESS PRE C. FUNCIONAL	REMO PILATES	SALA FITNESS PRE C. FUNCIONAL	REMO	SALA FITNESS PRE
☉ 09:30	SALA FITNESS PRE CICLO	BODY PUMP	SALA FITNESS PRE C. FUNCIONAL BODY PUMP	BODY PUMP	SALA FITNESS PRE CICLO	REMO
☉ 10:30	FITNESS ORO "MULTISALA"	YOGA			FITNESS ORO "MULTISALA"	SALA FITNESS PRE
☉ 11:30						SALA FITNESS PRE
☉ 12:30						
☉ 14:30		PILATES		PILATES		
☉ 15:30						
☉ 17:00	FLEX & MOVE	SALA FITNESS PRE C. FUNCIONAL	CORE	SALA FITNESS PRE C. FUNCIONAL	PILATES	
☉ 18:00	SALA FITNESS PRE	SALA FITNESS PRE BODY PUMP	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	
☉ 19:00	SALA FITNESS PRE C. FUNCIONAL	SALA FITNESS PRE CICLO	SALA FITNESS PRE CICLO DANCE FIT	SALA FITNESS PRE BODY PUMP	SALA FITNESS PRE CICLO DANCE FIT	
☉ 20:00	REMO PILATES	SALA FITNESS PRE	SALA FITNESS PRE	REMO	C. FUNCIONAL	

TU ENTRENAMIENTO
TU MEJOR VERSIÓN

HORARIO

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PÁGINA: 1 DE 1

HORARIOS	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
☎ 07:00	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
☎ 08:30	SALA FITNESS PRE SALA HANGAR	SALA FITNESS PRE SALA HANGAR	SALA FITNESS SALA HANGAR	SALA FITNESS PRE SALA HANGAR	SALA FITNESS SALA HANGAR	SALA FITNESS PRE	SALA FITNESS
☎ 09:30	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS
☎ 10:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS
☎ 11:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS
☎ 12:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
☎ 13:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS
☎ 14:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		
☎ 15:30	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS	SALA FITNESS		
☎ 17:00	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS		
☎ 18:00	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE		
☎ 19:00	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS PRE		
☎ 20:00	SALA FITNESS	SALA FITNESS PRE	SALA FITNESS PRE	SALA FITNESS	SALA FITNESS		
☎ 21:00							

